

Hypersexuality in Mixed-Sex Couples: A Dyadic Longitudinal Study

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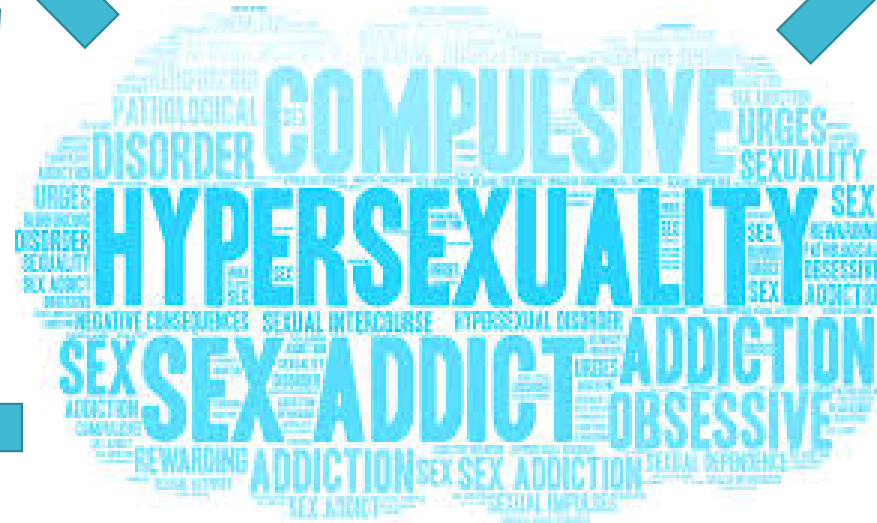
Self-medication model

(Khantzian, 1997; Garofalo et al., 2016)



Intimacy disorder model

(Schwartz & Masters, 1994; Adams & Robinson, 2001)



Examination of the directionality of associations between emotion dysregulation, physical and emotional intimacy (i.e., partnered sexual frequency and relationship intimacy), and hypersexuality using a dyadic longitudinal design.

METHOD

Participants (N = 267 mixed-sex couples)

- M = 29.9 years (SD = 8.2; range: 18 to 73 years)



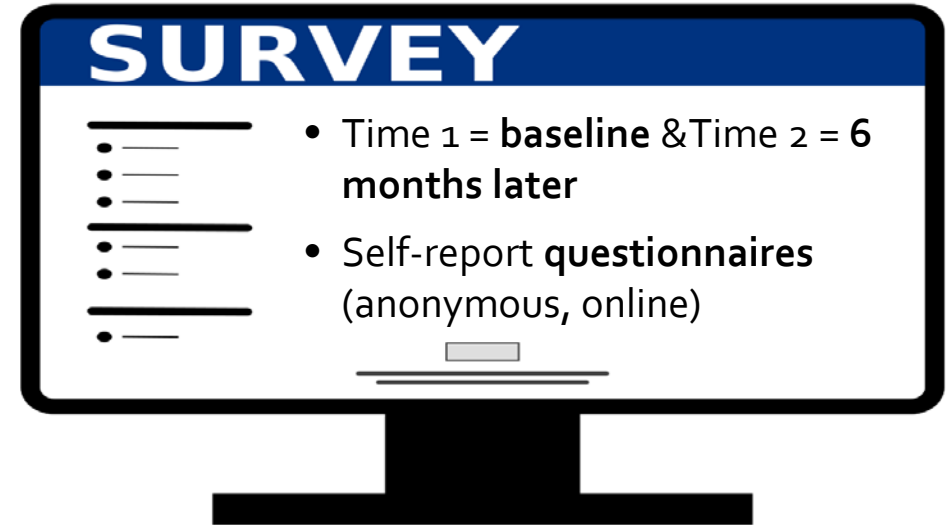
- M = 27.7 years (SD = 6.7; range: 19 to 58 years)

- couples were **together** for an average of 5.4 years (SD = 4.7; ranged between 0.5 to 28.8 years)

Measures

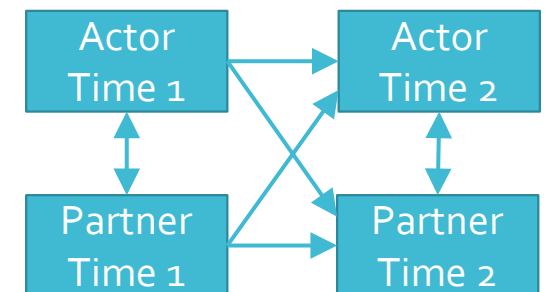
- **Sexual frequency** ("How many times have you been sexually active as a couple in the last month (includes but not limited to all of the following: penetration, manual or oral stimulation)?")
- **Hypersexual Disorder Screening Inventory** (Parsons et al., 2013)
- **Emotion Dysregulation** (Gratz & Roemer, 2004)
- **Relationship Intimacy Scale** (Bois et al., 2013; Laurenceau et al., 1998)

Procedure



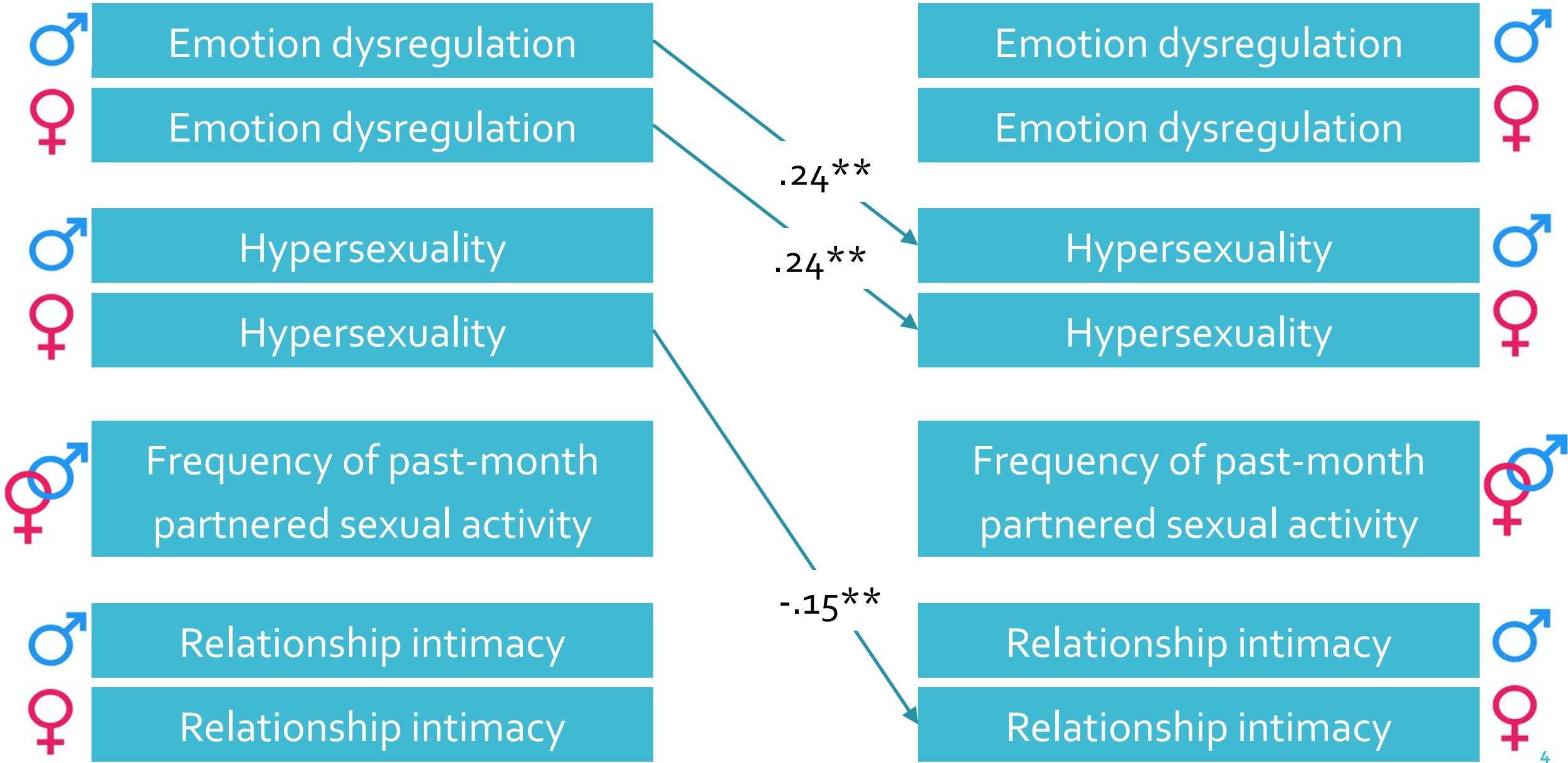
Statistical Analysis

Crossed-lagged model within an actor-partner interdependence framework



TIME 1 (baseline)

TIME 2 (6 months later)

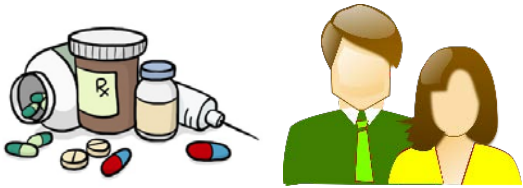


* $p < .05$; ** $p < .01$

CONCLUSIONS

Self-medication model
(Khantzian, 1997; Garofalo et al., 2016)

Intimacy disorder model
(Schmartz & Masters, 1994; Adams & Robinson, 2001)



Thank you for your attention!

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